

**Middlesex County Automobile Club Ltd
Wickford Auto Club**



Middlewick Stages
in aid of Help For Heroes and
the Lynda Jackson Macmillan Centre



**MOD Woodbridge, near Ipswich
Saturday 21st February 2009**

Supplementary Regulations

The event is a qualifying round of the following 2009 Championships:

**The Ward Construction AEMC Stage Rally Championship
and the Middlesex Challenge**

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Middlesex County Automobile Club Ltd
Wickford Auto Club



MiddleWick Stages 2009
in aid of Help for Heroes and
the Lynda Jackson Macmillan Centre

Middlesex County Automobile Club Ltd and Wickford Auto Club are delighted to invite you to MOD Woodbridge for the first running of the MiddleWick Stages rally.

Building on the success of our previous events, we have planned 8 stages of around 6 - 8 miles each and although based on an old airfield, the buddleia bushes and road layouts enable us to create some interesting stages without using too much of the runway.

Scrutineering is available on the Friday evening at The Holiday Inn, London Road, Ipswich, IP2 0UA (Map Ref: 169/130432) and we have also been able to negotiate a very competitive twin/double room rate of £60, including a full breakfast that will be served from 06.30. Those wishing to stay overnight should contact the hotel direct on either 01473 786741 or 01473786705 between 08.30 and 17.00, or email: reservations-ipswich@ihg.com, and quote "MiddleWick Stages" to benefit from the discounted rate.

This year we are supporting two charities - **Help for Heroes** and the **Lynda Jackson Macmillan Centre** for Cancer Support and Information at Mount Vernon Hospital (LJMC). We hope you will give generously to these worthwhile causes.

We are trying for a 'paperless' rally and, while it cannot be achieved completely, we would like, as far as possible, for all communications to be electronic. The Regulations and Entry Form can be downloaded from the event web page - www.middlewickstages.co.uk - and we ask that wherever possible an e-mail address is given for acceptance, finals etc. Obviously, if you have no means of obtaining the Regulations or other information electronically, we will still be more than willing to use the normal mail services.

Naturally, if you are unable to compete on the event, your services will be welcomed as a marshal. Contact the Chief Marshal, Chris Hunt, to offer your services on 07802 882182 or by E-mail: marshals@middlewickstages.co.uk . Alternatively, complete and return the form in these regulations.

We look forward to seeing you at Woodbridge.

The Organising Team

FOR UP TO DATE INFORMATION VISIT
WWW.MIDDLEWICKSTAGES.CO.UK



Lynda Jackson Macmillan Centre for Cancer Support & Information

Mount Vernon Hospital, Northwood, Middlesex HA6 2RN

Four in ten people will develop cancer at some stage in their lives so it is not surprising that cancer is, perhaps, the disease that people fear most. A diagnosis of cancer can lead to a range of emotions such as fear, anxiety and stress. The Lynda Jackson Macmillan Centre (LJMC) provides a service that supports patients and their families and helps them cope with all aspects of the disease from diagnosis, through treatment and beyond.

Opened in 1993, the LJMC was the first centre of its kind to offer a full range of support and information services, including counselling and complementary therapies, to cancer patients and their carers. Since opening, the centre has won many awards for its innovative work and the quality of the information that it provides.

The LJMC forms part of the Mount Vernon Cancer Centre with a large catchment population encompassing Herts, Beds, parts of Bucks and Berks, Middlesex and North London. Approximately 14,000 people use the LJMC's services each year.

The centre is partially funded by the NHS, but relies on voluntary donations and fundraising activities for 2/3rds of its running costs. In the year 2006-7, these will exceed £500,000. If you would like further information about the LJMC and how you can be involved, including opportunities for volunteers, please call us on 01923 844014.

**'working
to improve
the lives of people
affected
by cancer'**

**Drop-In Centre • Patient Information
Counselling • Complementary Therapies
Relaxation Classes • Benefits Advice
Exercise Classes • Look Good... Feel Better®
Research**

**Telephone Helpline: 01923 844014
Website: www.ljmc.org**

Registered Charity: 1053338
part of the Mount Vernon Cancer Centre
East & North Hertfordshire NHS Trust

Welcome to Help for Heroes

Help for Heroes has become, in the words of the Prime Minister, a 'National Institution' and it is hard to believe we only started this in October 2007. Since then we have raised £1 million a month to help support our wounded servicemen and women injured in the current conflicts. We have done that with your help. This has really been something very simple, a group of friends who wanted to do something to help, that message communicated to others who have joined in and made this the success it so obviously is.

This is not about politics, there is no need to criticise or complain, why moan about it being dark when you can light a candle? We may have started something but thousands have joined us to make this what it is today. This is about ordinary decent people wanting to do their bit to help, to raise money by joining in and so creating something that has become rather wonderful.

Over the last few weeks we have seen this support building into a huge, unstoppable wave. The RFU hosted the Rugby Challenge Match at Twickenham and 52,000 of you cheered on the Rugby Legends and raised over £1.3m. A business man decided to do his bit and paid £1.5m to fly with the RAF's Red Arrows. The finalists of Simon Cowell's X Factor joined in and sung Hero which has become the fastest selling record of the decade. Even James Bond has signed up with over £500,000 raised for H4H and the Poppy appeal at the Royal Premier of Quantum of Solace.

There are thousands of events happening all over the country as people decide to show their support, people who are prepared to get on and do something, to light a candle in the dark. All of us at Help for Heroes are staggered by the support and would like to say thank you to all of you who have made this work..... Now keep going!

Thank you

Bryn Parry



I am currently watching the Millies and all I keep saying out loud in my living room whilst I sit alone is 'Thank You'... to each and every service man and woman out there who is serving now or has ever served, Thank You.

You are what makes me SO proud to be British and above all else Thank You to the marvellous, selfless, fantastic people who started and continue to work with Help for Heroes - you're all stars xxx



The MiddleWick Stages 2009



Saturday 21st February 2009

Marshals

If you are unable or do not intend to compete on the event, why not consider offering your services as a marshal? No motor sport event can function without an adequate number of volunteer marshals, so what about joining this band of unsung heroes!

We appreciate the time and effort given by marshals and

If you are available on the Friday to assist with the set-up you will also be most welcome.

Please contact Chris Hunt (as below) if you are able to help on either day or complete the form below and forward to him as soon as possible.

Thank you.

+++++

Marshal Enrolment Form

I am willing to marshal on the MiddleWick Stages 2009 and will be bringing people with me.

I /we* have/have not* had previous experience in marshalling on a single venue rally.

Name:	I /we have experience of the following:
Address:	Stage Arrival Control: yes / no *
	Stage Start Control: yes / no *
Postcode:	Stage Finish/Stop Control: yes / no *
Telephone (home):	Junction Marshal: yes / no *
(work)	Service Area: yes / no *
(mobile)	* delete as appropriate

E:mail:

I am / we are available on Friday to help set-up: yes / no *

I am / we are available on Saturday: yes / no *

Please complete and return this form to:

Chris Hunt, Wingmoor, The Street, Latchingdon, Chelmsford, CM3 6JS

Tel: 07802 882182 (mob); E-Mail: marshals@middlewickstages.co.uk

MiddleWick Stages 2009
in aid of Help for Heroes and
the Lynda Jackson Macmillan Centre
Saturday 21st February 2009
Supplementary Regulations

Article 1 - ANNOUNCEMENT

- 1.1 Middlesex County Automobile Club Ltd and Wickford Club will organise and promote the *MiddleWick Stages 2009*, a National B Status Multi-Use Stage Rally on Saturday 21st February 2009 at MOD Woodbridge, Otley Road, Sutton, Woodbridge, Suffolk, IP12 3HY. Entrance via Map Ref: 169/322478.

Article 2 - JURISDICTION

- 2.1 The event will be held under the General Regulations of The Motor Sports Association (incorporating the provisions of the International Sporting Code of the F.I.A.), these Supplementary Regulations and any written instructions that the organising clubs may issue for the event.

Article 3 - AUTHORISATIONS

- 3.1 MSA National B Permit number has been applied for.

Article 4 - ELIGIBILITY & CHAMPIONSHIPS

- 4.1 The event is open to competitors (whether Entrant, Driver or Co-Driver) holding a valid MSA Competition Licence appropriate for the event, who are fully elected members of:
- a. One of the organising Clubs,
 - b. Clubs affiliated to any of the following associations:
The Association of Central Southern Motor Clubs
The Association of Eastern Motor Clubs
The East Midlands Association of Motor Clubs
The London Counties Association of Motor Clubs
- 4.2.1 The event is a qualifying round of the following 2009 championships:
The Ward Construction AEMC Stage Rally Championship
Registration Number: 17/2009 (*Rob Cook: 07976 446501*)
The *Middlesex* Challenge
(*Brian Catt: 020 8952 9404*)
- 4.3 Competitors are reminded of the requirement to produce valid 2009 Competition and Entrants Licences (NB - these can no longer be applied for on the day of the event but must be held prior to competing), Club Membership Cards and Championship Registration Cards (if applicable) at Documentation.

- 4.4 Vehicles MUST possess a valid MOT Certificate (if applicable) and an MSA Rally Car Log Book.
- 4.5 Vehicles need not be taxed or insured for the public highway.
- 4.6 It is ADVISORY that all vehicles competing in events on the AEMC maps have mud flaps fitted behind each road wheel to cover the full width of any wheel/tyre combination fitted. They must go down to a maximum of 100mm from the ground.

Article 5 - TIMETABLE

- 5.1 The timetable for entries and the event is as follows:
- | | |
|-------------------------------|---|
| Wed 11 th February | Entries close at discounted fee |
| Sat 14 th February | Final Instructions posted/e-mailed/on website |
| Wed 18 th February | Entries close at standard fee |
| Fri 20 th February | |
| 17.30 - 20.00 | Scrutineering & documentation at Holiday Inn, Ipswich |
| Sat 21 st February | |
| 06.30 - 08.30 | Noise, Scrutiny & Documentation at MOD Woodbridge. |
| 08.45 | Drivers briefing at Rally HQ |
| 08.57 | First car starts rally |
| 16.30 approx | Last car finishes |
| 17.00 approx | Provisional results announced |
| 17.30 approx | Results become final and Awards Presentation. |

Article 6 - CLASSES

- 6.1 The event will consist of 5 classes:
- | | |
|---------------------------------------|---------------------------------------|
| <u><i>2-Wheel Drive vehicles:</i></u> | <u><i>4-Wheel Drive vehicles:</i></u> |
| Class 1 - Up to 1400cc | Class 5 - All 4-wheel drive vehicle |
| Class 2 - 1401cc to 1600cc | irrespective of capacity |
| Class 3 - 1601cc to 2000cc | |
| Class 4 - Over 2000cc | |
- 6.2 Vehicles with engines having forced induction will be considered as having a capacity increase of 70% and should be entered in the class applicable to this multiplication factor.
 - 6.3 There will not be any capacity increase for any vehicle having more than 2 valves per cylinder.
 - 6.4 The event is open to all vehicles complying with GR C(b), C(c), C(e), H262-282. All vehicles must comply with MSA Regulations.
 - 6.5 The organisers reserve the right to re-classify any vehicle where they deem it fair so to do.

Article 7 - ROUTE & FORMAT

- 7.1 The entire event, including Noise Test, Scrutiny and Documentation, other than Friday scrutineering & documentation, will take place within the confines of MOD Woodbridge. Maps will not be required.

- 7.2 The event will comprise of 8 special stages with an approximate distance of 60 miles, all on sealed surface.
- 7.3 The event will NOT include sections on the public highway.
- 7.4 Any competitor not signed on 30 minutes before their due start time may be excluded without refund and their place allocated to a reserve.
- 7.5 At Documentation, competitors will receive a Road Book, containing details of all special stages. The route will be defined by diagrams contained in the Road Book. Time Cards will be issued after passing the sound test.
- 7.6 Arrows will be used to show the correct route at junctions. Chevron type marker boards will also be used to indicate the correct entry point at chicanes or other hazards.
- 7.7 Samples of all stage markers and control boards will be available upon request at Documentation.
- 7.8 At the Passage Check after each special stage a marshal, under the supervision of the MSA Timekeeper, will issue competitors with their due time of arrival at the following stage arrival control.
- 7.9 Competitors will be required to start special stages at 30-second intervals.
- 7.10 Competitors will be provided with time record cards and these will be required to be surrendered at points indicated in the Road Book. It is the responsibility of the competing crews to ensure that all record cards are completed correctly and the organisers reserve the right to use whatever means are at their disposal to establish times taken in the event of illegible or disputed times.
- 7.11 Details of the Noise Test, Scrutiny and Documentation will be advised in the Final Instructions, together with individual reporting times.

Article 8 - AWARDS

- 8.1 Awards for the event will be presented as follows:

1st Overall	The MiddleWick Trophy and 2 Replicas
2nd Overall	2 Awards
3rd Overall	2 Awards
1st in Class	2 Awards
2nd in Class	2 Awards (Subject to 6 entries in the class)
3rd in Class	2 Awards (Subject to 8 entries in the class)
Best MCAC Crew	Club Trophy and 2 Awards
Best WAC Crew	2 Awards
- 8.2 All awards are perpetual except The MiddleWick Trophy and the Club Trophy, which must be returned after 10 months or earlier at the request of the organizers.
- 8.3 No competitor may win more than 1 award other than Best MCAC.
- 8.4 To be eligible for the Best MCAC or Best WAC Award, both crew members must have been fully elected members prior to 1st January 2009.
- 8.5 MCAC members will be presented with their awards at the Club's Annual Dinner Dance at Stockley Park Golf Club on Saturday 30th January 2010.
- 8.6 The organisers reserve the right to amend the awards list at their discretion and additional awards may be presented.

- 8.7 Award winning competitors must be present to collect their award. Failure to do so may result in forfeiture of the award, but will not affect placing in the results.

Article 9 - ENTRIES

- 9.1 Entries will open on publication of these Supplementary Regulations and CLOSE on Wednesday 18th February 2009. The organizers reserve the right to accept entries after this date should the maximum number not be reached. However, it should be noted that entries received after 11th February will not be seeded and will not appear on the official entry list.
- 9.2 The discounted entry fee, for entries RECEIVED prior to Wednesday 11th February 2009, is £199.00. For entries received after 11th February the standard entry fee is £219.00.
- 9.3 Cheques should be made payable to MCAC Ltd.
- 9.4 All entries must be made on the official entry form and be accompanied by the appropriate fee.
- 9.5 Entries should be submitted to the Entries Secretary:
Tony Phillips
7 The Drive
Northwood
Middlesex
HA6 1HQ
- | | |
|---------|--|
| Tel: | 01923 822590 |
| Mob: | 07761 823157 |
| E-mail: | tonyp@mcac.co.uk |
- 9.6 Withdrawn entries must be advised to the Entries Secretary **in writing** by post or e-mail, and the date of withdrawal will be the date of receipt. Verbal withdrawals will not be accepted without written confirmation.
- 9.7 Entries withdrawn up to and including the 11th February will be refunded in full, less a £10 administration fee. Entries withdrawn after 11th February and before 18th February will be refunded less an administration fee of £25.00. Any entry cancelled after 18th February 2009 will not be refunded.
- 9.8 Entry fees will not be refunded to any entry that fails to start or meet the noise/scrutineering requirements.
- 9.9 The first 60 entries will be accepted in order of receipt. 10 entries will be reserved at the organiser's discretion. Any further entries received will be placed on a reserve list.
- 9.10 The order of starting will be at the organizers discretion and will be based on the seeding information supplied on the entry form. No discussions will be entered into regarding the starting order of any competitor.
- 9.11 The maximum number of starters for the event is 70.
- 9.12 The minimum entry for the event is 40 .
- 9.13 The minimum entry for each class is 5.
- 9.14 Should any of the above figures not be reached the organisers reserve the right to cancel the event or amalgamate classes as appropriate.

Article 10 - OFFICIALS

- 10.1 The Officials of the meeting will be:

MSA Steward	<i>tba</i>	
Club Stewards	<i>Chris Deal (GBMC)</i>	
	<i>tba</i>	
Clerk of the Course	<i>Andy Greenland</i>	01932 226230
Deputy Clerk of the Course	<i>Stanley Graham</i>	01376 326298
Secretary of the Meeting	<i>Tony Phillips</i>	01923 822590
Chief Marshal	<i>Chris Hunt</i>	07802 882182
Stage Commander	<i>Peter Nathan</i>	020 8906 0803
Safety Officers	<i>Ged Cooper</i>	<i>01245 324310</i>
	<i>Mike Hurst</i>	
Service Area Safety Officer	Peter Cox	01488 72027
Chief Medical Officer	<i>tba</i>	
MSA Chief Scrutineer	<i>Mike Madden</i>	020 8841 6997
MSA Environmental Scrutineer	<i>Doug Meekins</i>	01727 762527
MSA Timekeeper	<i>Gary Nicholls</i>	01245 351468
Results	<i>Nigel Banks</i>	
Radio Controller	<i>Brian Catt</i>	020 8952 9404

Please DO NOT telephone officials after 21.30 hours

Article 11 - SERVICE

- 11.1 Competitors are reminded that ALL persons entering the venue having connection with their entry are subject to the rules and regulations governing servicing and service personnel.
- 11.2 Servicing will only be permitted in the designated central service area for the entire event.
- 11.3 There will not be a designated re-fuelling area.
- 11.4 Competitors are reminded of the requirements under the Health & Safety At Work Act regarding the refuelling of vehicles. All entrants must ensure that all persons connected with their entry have read and fully understood the following statement 'Every person participating in this event, whether employed or voluntary, shall take reasonable care for health and safety of them selves or other people who may be affected by his/her acts or omissions during the operation of the event'.
- 11.5 In accordance with 1997 Environmental Legislation, generators etc. must be placed within the confines of a 'catch tray' of sufficient size in order to contain any spillage of fluids (fuel and oil). A suitable fire extinguisher must be placed alongside all generators.
- 11.6 All service work should be carried out on a suitable 'floor cloth'.
- 11.7 Petrol and water will not be available at the venue.
- 11.8 Hot food and drink will be available throughout the day.
- 11.9 Open fires and barbecues are prohibited at all times.
- 11.10 No engines should be run before 08.50 hours on the Sunday, other than for movement or Noise Test purposes. Please assist us by keeping the noise in the service area to a minimum at all times.

- 11.11 Service personnel, and all other persons associated with an entry, must remain within the designated service area AT ALL TIMES. Any competitor, or person associated with their entry, found on the stage route without due reason will result in the exclusion of that competitor.
- 11.12 The site speed limit of 10 mph must be strictly observed within the venue and on all access roads, other than when competing.
- 11.13 Tyre warming is not allowed.

Article 12 - MARKING AND PENALTIES

- 12.1 Timing and marking will be as per GR H194-208.
- 12.2 Penalties will be in accordance with GR H209-212, except as modified below:
 - (e) Making a false start 30 seconds
 - (m) Excessive vehicle sound (Article 13.3) EXCLUSION
 - (o) Breach of GR H233(b) (Illegal servicing etc) EXCLUSION
 - (q) Unauthorised presence on the stage route EXCLUSION
 - (t) Hitting or driving through chicane / course markers 15 seconds (1st offence)
 - (u) Breach of Articles 17.4 - 17.7 EXCLUSION and removal from the venue
- 12.3 Please note that GR H212(c) is deemed to include deliberately hitting chicane elements or taking short cuts in order to gain an advantage (2nd and subsequent offences) and taking the wrong routes at split junctions or otherwise. The track is defined as the roadway ONLY (NO corner-cutting), with 'gate' arrows defining the route. We must preserve the grass verges so any corner cutting onto the grass will also be penalised under GR H212(c), resulting in a stage maximum for the first offence and EXCLUSION for the second.

Article 13 - MODIFICATIONS TO THE GENERAL REGULATIONS

All other General Regulations of The Motor Sports Association apply, except for the following which are modified:

- 13.1 A43 Vehicles may be 'double entered' with separate crews at the organiser's discretion.
- 13.2 C(a)57(e) Competitors may be required to carry advertising material supplied by the organisers.
- 13.3 C(b)23-24 All vehicles must comply with a mandatory maximum noise level of 100 dB(A) at tests carried out in accordance with C(b)24 (100 dB(A) at 0.5 metres). Competitors should ensure that they have the means of complying with the requirements of the noise test at 4500 rpm. Vehicles may be subject to additional noise tests during the event. In all cases the decision of the Clerk of the Course, in conjunction with the MSA Environmental Scrutineer, shall be final.
- 13.4 H22 Only the nominated driver shall drive on special stages.
- 13.5 H136.6(c) Red Flags WILL be used. If a red flag is shown, you must cease competition immediately and come to a standstill at the side of the track as soon as possible. You must not continue until instructed to

do so by an official of the event and should then proceed directly to the stage finish and Passage Control.

- 13.6 H152 The stage starts will be operated by Traffic Lights linked direct to a Digital Clock with a Jump Start Detection Beam. No verbal warnings will be given and competitors should leave the start on the Green Light. The traffic light sequence is as follows:
- 15 seconds Red light
 - 10 seconds Red and amber light
 - 5 seconds Red light is extinguished and the amber clusters count down 5-4-3-2-1
 - 0 seconds Green light
- 13.7 H186 Stages will open on arrival of the Course Opening Car and close 6 minutes after the due time of the last car.
- 13.8 H200 Maximum permitted lateness is 5 minutes.
- 13.9 H201 There is no penalty-free lateness.
- 13.10 H204 Competitors will start all stages at 30-second intervals, therefore two cars will be due at each main control per minute.
- 13.11 H263 The requirement for Road Fund Licence is relaxed.

Article 14 - RESULTS, TIES AND PROTESTS

- 14.1 Interim, provisional and final results will be published on the Official Notice Board, which will be located at the Rally HQ throughout the event.
- 14.2 Results will be published as soon as possible after the finish of the event.
- 14.3 Ties will be resolved in accordance with GR H247.
- 14.4 Protests must be in accordance with GR C(d)45-59 and Appeals in accordance with GR C(d)60-80.

Article 15 - JUDGES OF FACT

- 15.1 Judges of Fact will be appointed as per GR B78 to adjudicate and report on breaches of GR H140(b), (c), (e), (f), (h), (i) and (j).
- 15.2 A full list of Judges of Fact will be available on request.

Article 16 - IDENTIFICATION

- 16.1 Vehicles will be required to carry identification numbers in accordance with GR C(b)6, which will be on sale at Documentation.

Article 17 - ADDITIONAL INFORMATION

- 17.1 The Official Photographer for the event will be Simon Clarke – SC Photography (www.sc-photography.co.uk).
- 17.2 The Official Video will be by Ian Maddison, Mad Videos (ian@madvideo.demon.co.uk).
- 17.3 Final Instructions, having the same force as these SRs, will be posted and/or e-mailed to the nominated co-driver, unless otherwise specified on the entry form, during the week preceding the event.
- 17.4 Any misbehaviour may result in the removal of team members from the venue.

- 17.5 **ANIMALS ARE NOT PERMITTED AT THE VENUE.** Any person bringing animals into MOD Woodbridge will be excluded from the event and removed from the venue.
- 17.6 Anywhere other than the service area is designated an OUT OF BOUNDS area. Anyone found in an Out of Bounds area will result in the exclusion of the associated crew and removal from the venue.
- 17.7 Quad bikes, mopeds, motorcycles etc are not allowed within the service area. Any person found using quad bikes, mopeds, motorcycles etc. will be penalised as per Article 12.2(u).
- 17.8 At the conclusion of their competition, competitors shall sign a Damage Declaration in accordance with GR H248.
- 17.9 Competitors causing damage to any third party property may be liable for any excess payable under the MSA Master Policies (currently £250.00) or for any uninsured losses.
- 17.10 A tyre van, operated by Slicks Tyres (www.slickstyres.co.uk), will be at the venue over the weekend. Please contact Andrew Knott on 01142 470485 or email sales@slickstyres.co.uk if you have any specific requirements for the event and to guarantee supplies. Supplies cannot be guaranteed if not ordered in advance.
- 17.11 We have negotiated a special twin/double room rate of £60.00 including breakfast, which will be available from 06.30, at The Holiday Inn, Ipswich. To benefit from this discounted rate, please contact the hotel direct on either 01473 786741 or 01473 786705 between 08.30 and 17.00 or email: reservations-ipswich@ihg.com Be sure to quote 'MiddleWick Stages' in all discussions with the hotel in order to benefit from the discounted rate.

About the Clubs

Middlesex County Automobile Club Ltd, originally called the North London Automobile Club, was formed in 1905 when half a dozen enthusiasts decided to form a motor club. After a couple of year's growth the name was changed, firstly to the North Middlesex Automobile Club and then to Middlesex County Automobile Club.

MCAC is one of the oldest motor clubs in the UK and had a long association with the Royal Automobile Club until the motoring association was sold. MCAC also operated its own legal defence scheme, predating that of the RAC by several years, and was the first Club to obtain written permission from the Police to hold a hill-climb competition on a public road – if only it was that easy now!

In 1982 the MCAC was the first UK motor club to enter a team of 3 cars in the East African Safari Rally and in 1986 two members competed in the Himalayan Rally, achieving 3rd and 4th placings. Since the mid 90's several members have been regular competitors in UK international and Belgian national events and in 2000 several crews from the Club entered the London-Sydney Marathon. Since 2003, the Club has participated in the Barbados Carnival Rally and has co-promoted the South of England Tempest Rally - the final round of the British Rally Championship.

On the home front the MCAC continues to offer its members an eclectic mix of events, as it has since its foundation. As well as being affiliated to The Motor Sports Association, the Club has been for many years a member of the London Counties Association of Motor Clubs, the Association of Central Southern Motor Clubs, the Association of Eastern Motor Clubs and the Welsh Association of Motor Clubs which has enabled our members to compete in events organised by members of those associations. In December 2004, to conclude a century of motorsport, the Club used its well-practiced organisational skills in co-promoting and running the first single venue stage rally to be held at the Rockingham Motor Speedway

Keeping in touch with trends in motor sport has resulted in the Club providing what its members desired and there is little doubt that this has been the key aspect of the Club's survival and success for over 100 years.

Present day events bear little resemblance to those earlier ones but the Club now organises events with a modern outlook, backed by well-earned experience. These include 3 single-venue Stage Rallies, grass and sealed surface Autotests, Night Scatters, 12 Car Rallies and a Treasure Hunt combined with a barbeque – an event suitable for all the family.

Wickford Auto Club is one of the few motor clubs remaining in Essex and has been going strong for more than 30 years. We have a wide ranging membership - including competitors, marshals, organisers, spectators - and we have a wide geographical reach across the whole of East Anglia and beyond. The Club has both male and female members, so it is a myth that all motorsport enthusiasts & competitors are men!

Wickford Auto Club has a great reputation for providing good quality events at cost effective prices for competitors. The main event for the Club is the annual Essex Charity Stages rally which is run on the first Sunday in July. The rally attracts a strong entry and requires nearly 200 marshals & officials to make it a success.

We also run autocrosses, autotests, 12 car rallies and treasure hunts. The autotests are open to any driver and young drivers are particularly encouraged (provided they have a suitably experienced adult sitting next to them). Autotests, 12 car rallies and treasure hunts involve the use of standard road cars - so no modification of the car is required.

We help other Clubs to run events by providing well-trained marshals. Novice marshals are always welcome and are partnered by experienced marshals at the beginning. We have access to regional training days which novices can attend to help build their confidence and knowledge of how to cope with a range of rally situations.